



Unique Peru Tours

Sector Ccatan S/N

Urubamba, Cusco, Peru

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Sample Tour Itinerary - Cusco, Sacred Valley, Salkantay Trek, Machu Picchu

Day 1

We will pick you up at the airport and take you to your Cusco lodging. Today is meant for relaxing and getting used to the altitude. We will provide you with a list of places you may like to wander to if you are feeling up to it. In the evening, we will meet at your hotel to go over the tour itinerary in detail.

Hotel: Andenes al Cielo

<http://www.andenesalcielo.com/>

Calle Choquechaca 176, Esquina 7 Angelitos (San Blas), +51 (084) 222237

Included: Private transport, hotel.

Not included: Lunch, Dinner

Day 2

We pick you up at the hotel about 8:30 am and take you to Ollantaytambo. Here, you'll get a chance to tour the Inca archaeological site, believed to be both a ceremonial center as well as a fortress. After taking our time to wander around the site and the town, we will head to Urubamba to have a sumptuous buffet lunch of Peruvian food (tea is included; other drinks are extra). Following lunch, we'll take a tour of the salt flats of Salineras and end by visiting the agricultural terraces of Moray. At the end of the day, we return back to Cusco.

Hotel: Andenes al Cielo

Included: Breakfast in hotel, despacho, hotel

Not Included: Lunch, dinner, coca leaf readings

Day 3

Another early start will have us heading up above the city to tour the Inca sites of Sacsayhuaman, Qenqo, PukaPukara and Tambomachay. You'll have a boxed lunch, so the plan is to walk back down to the city from the sites above, stopping for a picnic along the way, and giving you a chance to do a bit of hiking at altitude. When we get back into the city, we will tour the Cusco Cathedral, particularly known for the colonial artwork within and Qoricancha, Temple of the Sun, and the most important temple of the Inca Empire.

Hotel: Andenes al Cielo

Included: Breakfast in hotel, entrance fees, personal licensed tour guide, private transport, box lunch, hotel

Not Included: Dinner

Day 4

We'll pick you up at your hotel in Cusco at 5:00 am and travel by car for about 3.5 hours to Soraypampa where we will meet up with our horses/mules which will carry all our equipment and personal belongings. We will do some yoga before sitting down to enjoy our delicious lunch. After lunch, we can hold a ceremony honoring the Apu of Salkantay, a mountain spirit long sacred to the Andean people. Following lunch, we'll hike up about 3 hours to the turquoise lagoon under the sacred mountain of Humentay where we will camp for the night. After taking time for some bodywork, we have a wonderful typical Peruvian meal prepared by our own cook.

Camping

Included: Transport to trail start, tents, mules/horses to carry camping and cooking equipment and clothing, bilingual trail guide, cook, lunch, horsemen, snack, dinner, yoga, bodywork.

Not included: Breakfast, sleeping bag

Day 5

We rise early to do a bit of meditation and engage in our yoga practice. After a hearty breakfast, we will start hiking down about an hour and then begin the ascent to the Salkantay Pass (4600 msnm). Here, you will be able to enjoy spectacular panoramic views. Another two hours walking down from the pass will take us to our lunch spot. After, we'll continue hiking until we reach our camp for the night. There will be time for treatments before another great dinner.

Camping

Included: Transport to trail start, tents, mules/horses to carry camping and cooking equipment and clothing, bilingual trail guide, cook, lunch, horsemen, snack, dinner, yoga, bodywork.

Day 6

After our meditation, yoga, and breakfast, we walk about four hours until we reach Chaullay where we will have lunch. After, we continue descending toward Collpampampa where our transport will be waiting to take us to the beautiful Eco Quechua Lodge where we can visit the hot springs nearby. Later, we can receive the day's energy/bodywork sessions. In the evening, we will dine and stay overnight at the lodge.

Hotel: Eco Quechua Lodge

<http://www.ecoquechualodge.com/>

Included: Mules to carry camping and cooking equipment and clothing, bilingual trail guide, cook, breakfast, lunch, dinner, room at lodge, transport to hot springs, entrance to hot springs.

Day 7

In the morning, we will have an early breakfast at the lodge, leaving at 6 for a tour of a small family-owned coffee plantation. This area, Lucmabamba, is said to produce the world's best organic coffee above 2,100 msnm. We will share a cup of coffee here and then continue on to hike the Inca trail to Llactapata. At this archaeological site, if it is a clear day, it is possible to catch a glimpse of Machu Picchu. We will do some yoga at the site and then, on the way down, stop for a gourmet lunch. When we reach the lodge, we can rest and have our bodywork and enjoy another evening in this idyllic setting.

Hotel: EcoQuechua Lodge

Included: Coffee tour, hike with guide, transport to plantation/hike and back to lodge, breakfast, lunch, dinner.

Day 8

We take our time today, getting up a bit later, doing our morning meditation and yoga, followed by a nourishing breakfast. Those who are interested can take part in the nearby zipline (\$40 U.S.). Others can go to the hot springs again or simply relax at the lodge. We will lunch there and then, in the afternoon, take the train from the hydroelectric station into Aguas Calientes where we will overnight.

Hotel: Wiracocha Inn

Included: Breakfast, Lunch. Transport to Hidroelectric Station. Train to Aguas Calientes. Hotel in Aguas. Dinner at Indio Feliz.

Not Included: Hot springs, zipline.

Day 9

Today, we will get up early in order to be at Machu Picchu when it opens at 6 am. We will first have a guided tour of the most important areas then, at 10 am, we will climb Huayna Picchu. For those who are feeling more ambitious, we will continue over the top of Huayna Picchu and come down around the other side, visiting the Temple of the Moon and the Great Cavern. Taking our time to enjoy the sites, this will take around 5 hours. Everyone can make their way back down to Aguas Calientes in their own time, where we will spend another night, allowing you to shower and rest after an exerting day. (Note: only 400 people are allowed on Huayna Picchu per day and these entrances need to be purchased at the same time as Machu Picchu entrances so book early for this option.)

Hotel: Wiracocha Inn

Included: Breakfast, shuttle bus to Machu Picchu, private tour of archaeological site, entrance ticket to Machu Picchu/Huayna Picchu, box lunch, hotel.

Not Included: Dinner

Day 10

We will take a morning train back to Ollantaytambo and, from there, a car back to Cusco. This is a free day for exploring the spots around the city that are of most interest to you or just sitting in the plaza, watching the people go by.

Hotel: Andenes al Cielo

Included: Breakfast, train to Ollantaytambo, transport from Ollantaytambo to Cusco, hotel.

Not Included: Lunch, dinner

Day 11

You'll be picked up at your hotel and taken to the airport for your flight to Lima and home.

Included: Breakfast in hotel, transfer to airport